

Athlete's Foot

You don't have to be an athlete to have athlete's foot. As a matter of fact, it is a very common problem experienced by up to 70 percent of the population at some time in their lives. Known as tinea pedis, it is caused by a fungus or a type of mold that flourishes in dark, warm, moist environments. It can present as cracked and peeling skin between the toes and on the bottom of the foot, and it can appear as excessive dryness due to the flaking, scaling skin it causes. If left unchecked, the fungus can go deeper into the skin and through cracks or breaks in the skin, allowing bacteria to enter and cause a bacterial infection.

HINT: Athlete's foot seems to occur most often in people who are predisposed to infections.

What are your feet saying about the state of their health? Are they demanding immediate attention, or do they just require periodic routine maintenance? Either way, you'll find the foot care you need at our office. Compassionate, experienced, professional care for a full range of podiatric problems, from athlete's foot to bunions to heel pain.